

What some of the participants have said: Level II. Feb 28-March 1, 2009

1. Occupation;
 - a. OT
 - b. OT
 - c. OT
 - d. OT
 - e. OT
 - f. PT
 - g. PT
 - h. PT
2. I learned
 - a. Great review of muscular structure, involvement in asymmetry
 - b. A lot; how important Must haves and nasties are
 - c. Which mm. I need to build in order to promote optimal function and mobility. Also liked the important tips like observe for mouth, hands and feet.
 - d. So many things; most of all a different way to approach Tx and problems
 - e. Must haves, nasties; maintaining alignment; important of overall picture of client, family participation and future importance
 - f. So much! The research based info on anatomy/kinesiology
 - g. Different ways to look at the child and what is going on
 - h. To clinically assess alignment; muscles to look for and strengthen to minimize
3. I liked
 - a. Case study reviews showing more involved and positive skill level. New to me is V. meets child where they are at.
 - b. Presenter's format and info. Talking to the other attendees in group sessions
 - c. The system to classify muscles as effective or needing to limit
 - d. Case studies; your expertise and organization
 - e. Basic outline of muscles simplified and straightforward
 - f. All of the anat/kinesio. The nasties and the must haves
 - g. All the ideas to carryover at home
 - h. The approach to give parents the ownership and empower
4. I need:
 - a. Time to work this type of philosophy of therapy delivery into my practice
 - b. Refresh my kinesiology knowledge
 - c. More exercises and functions to build serratus anterior mm.
 - d. More ideas to limit the 'nasties' as an OT
 - e. More practice with clients
 - f. More strategies for decreasing nasties and increasing must haves
 - g. To review my kinesiol
 - h. To practice, practice, practice
5. I recommend:
 - a. People take this course as a way to look outside the box
 - b. The presenter and her format to everyone
 - c. –
 - d. –
 - e. A course with more upper body stuff for OT

- f. –
 - g. –
 - h. Lifespan thinking
6. As a result of this course I will
- a. Reevaluate my evaluation process
 - b. Bring back new ideas and activities to the students I work with
 - c. Change the type of activities and exercises I do with children
 - d. Hopefully empower more parents and children
 - e. Be much more aware of must have and nasty mm and alignment
 - f. Relook at all of my kids; get together with coworker to discuss
 - g. Climb, climb, climb activities; remember alignment and how important it is through the years
 - h. Be ok with moving to a model that primarily meets the family member in priorities guided by info from class and past experiences
7. Rate?
- a. Great
 - b. Excellent- thank you
 - c. Great, very helpful
 - d. Excellent
 - e. Excellent
 - f. Excellent
 - g. Fantastic
 - h. Excellent
8. Other comment/suggestions
- a. None
 - b. Thank you for your knowledge and sharing
 - c. More strategies
 - d. More Cusik assessment and classification classes provided