

Video Technology and a three-step intervention process engages a rural Australian family: A Case Report over 37 years

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‘Partners In Movement: A Family centered approach to pediatric kinesiology’



15 months

Interview: Parent information

- Twin, Fourth Child
- First concern sucking at months
- Told ‘Grow out of it’

Collaborate: Want sitting

DO: Practice move to sit



2.5 years

Interview: Want walking

Collaborate: Demonstrate

DO: Practice using legs independently to bear-walk up slide. (Walks alone age 3)



5 years

Interview Parent Concerns:

- Riding a bike, Running
- Hand skills
- Speech development

Collaborate Strengthen core; referrals OT, speech

DO: Practice ‘Rolling like a Ball’ game’ for siblings



11 years

Interview:

- Keeping up when family hiking
- Math in Middle School

Collaborate: Hip, ankle strength

DO: Ankle balance



18 years

Interview: Concerns:

Vulnerability, Independ

Collaborate: Fitness and Life-skills

DO: Practice money management



28 years and 37 years

Interview: Living I; traveled alone to visit twin in Cambodia; many friends

Collaborate: Lifelong fitness ideas. Fall & Ankle injury from riding bike

DO: Run, Change/new job

