

## VICKIE MEADE THERAPY SERVICES

Red Flags Course Evaluation results for training

Total # of results = 20 people. Six total questions. Not all questions answered for each form.

### 1. What was the most important thing you learned today?

- Better look at babies, do the screen and process more accurately
- specific things to look for
- community screening is really important! Training is needed to achieve reliability in screening
- everything was very helpful
- this works!
- I learned that infants should be held as much as possible around one month- if not can affect their brain development. (YIKES-my comment: will have to be more clear that holding helps with crying and head shapes)
- I can't name just one thing, but all of the info presented was very enlightening. I am interested in pursuing the requirements to become a screener
- importance of making changes at an early age
- watch and listen carefully to the parents and baby (yeah!! My comment)**
- so much can be learned from 1 to 6 months
- importance of symmetrical work, tummy time
- how balance of flexors and extensors affects sight, hearing, spine, feeding, etc.
- relationship between head stability and auditory processing; brain development pieces
- how to really look at a baby
- how to look at each component of screening movement and all areas of concerns
  - movement development is affected by many factors and problems can be detected early for early intervention
  - about the flat head- only part of brain is gaining information-leads to processing problems and affects all development
  - how early we can screen infants!
- all was great. Very interesting about the first month of life
- the more you see as far as movement, through the testing, the more you begin to feel comfortable when screening babies

### 2. What part was least helpful or what would you do differently?

- explain extension/flexion, what to look for before we saw babies; would like more specifics like 2 trials, not to shake rattle etc. (3 people commented on this)
- I had trouble reading some of the small print on the powerpt handouts (4 people)
- nothing
- videotape the babies, so we can look again as we discuss
- none
- It was all very informative and helpful
- please explain exactly what we are looking for ie what weightbearing, ear clearing floor in rolling

- have the class closer to home
- none
- we saw a video clip on the right way NOT the 'incorrect' way
- all helpful
- maybe add a little more on the education end of it for the parents who are coming in with their baby

**3. Did the course meet your expectations? Please rate from 1(not at all) to 10 (totally).**-out of 20 forms, 3 gave 8 and 17 people gave 10; some added comments below

totally, Yes! Yes, yes, very good, very interesting  
 I feel like I actually know something about what to watch for with babies  
 yes, totally  
 wasn't sure what to expect-learned alot  
 8, I would I have liked more info on other neurological signs to watch for over 10; as the day went on I am a supporter but can't do myself other than encourage all parents to do this...

8

10- went through 2 years ago and it helped reinforce information/knowledge

10- this was really helpful to me. There is an important need to do this screening in infants in order to detect potential problems.

10 YES

8, yes thanks for all the work you've done in this area of screening

**4. If you had to describe the course to a friend, what would you say?**

- gives you a better way to see babies and what they can do
- 'it was awesome, you need to go' We want you to come to Redwing/Goodhue Co to talk with everyone involved with infant
- I would highly recommend the workshop
- Awesome! Great model
- It really helped me to understand how the development progression works and what muscles are involved!
- It was a great overview of infant development and red flags to watch for
- observing muscle movement of an infant to look for development
- so much that babies are telling us that we don't see or babies can't tell us. So many things that we can get encouragement, education, enlightenment from this class
- great, applicable information
- good on relationship of movement to development
- great information, interesting instructor and students
- informational, new outlook on development
- I would say: Meade screen for infants give Public health nurses a great tool for movement assessment that will assist you in identifying those babies at risk and needing referral.
- very informative and helpful information for all who are around babies. The earlier we can help, the better- may be just a motor problem now, but can have more problems later. Everything is related.

- it was great and had wonderful information
- very engaging. Information is helpful for families—family friendly
- learning what to look for when screening movement in babies from 4-6 months

**5. Please comment on the organization, format, and length of the course.**

- fine, nice building
- one day training was great! But would love to have follow-up—to do the whole training so all of our four month olds are screened.
- very good
- great, good pace
- I loved the format- pictures, videos and live models were awesome!
- great – I would love the time to learn more
- seems long but don't think anything should be cut. Need to take advantage of time when available
- course well organized, easy to understand and follow
- great
- superb
- great location; nice to have all the actual wonderful babies
- nonstressful atmosphere
- felt comfortable at end of course r/t areas which are observed/evaluated during a screen
- this course moved well
- I thought it was very organized-it got a little long after lunch. Just a long day with the drive
- ok
- good
- very thorough and presented in an interesting format

**6. How do you feel the instructor could improve the effectiveness of teaching: ie increase lectures, use of audiovisual, feedback ?**

- nice to meet you and get firsthand feedback about clients
- great job
- I loved the combination of formats used
- everything was great;
- very good to have the give and take conversations with the audience
- maybe tape the live babies we did in class for review
- add observation of babies that you know will not perform well. Review score before observe next baby.
- push the power button..just kidding
- it was great
- clear up some working on the screening tool ie' enjoy is too subjective
- thank you for inviting us; thanks to the moms and babies and the food was great!
- I'm glad we did scoring on actual infants-made it Very real-good experience
- thanks Vickie, I learned a great deal about infants
- better equipment ☺

- Before viewing infants, be more precise in what to look for...talked about more later.