

# VICKIE MEADE THERAPY SERVICES

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## Partners In Movement LEVEL II: Integrating Kinesiological and Functional Models in Upright: Challenges for the child

### Course Description:

This course received high marks for the excellent review of the literature and the new long term planning perspective. The instructor reviews Level I principles on day one, then presents the kinesiology and muscle theory as it applies to movement of the child in upright. Day two covers the 'best of' recent research on assessment strategies for the older child. The long term planning lecture presents literature gems and clinical applications through case studies and working with families, caregivers and schools to impact practical carryover of ideas into everyday activities. The participants will particularly enjoy the family cases presenting powerful and unique perspectives on successful partnerships over 15 years and longer. Lectures and video case studies will allow participants to actively select treatment objectives and integrate strategies across multiple environments.

**Course objectives:** Upon completion of this course the participant will:

1. Understand the kinesiology behind the functional activities of children in upright.
2. Develop plans and services that cover the variety of environments young children may encounter daily.
3. Select and use evidence based models of evaluation and assessment as part of planning.
4. Create strategies that incorporate the child's developing gross and fine motor and communication skills.
5. Support potential partnerships among professionals and families.
6. Use consultation as part of the service delivery system.

### DAY ONE:

8:00	REGISTRATION
8:30	INTRO/REVIEW: Functional Skills of the First Year: eyes, hands, mouth and movement
10:15	BREAK
10:30	KINESIOLOGICAL DEVELOPMENT IN UPRIGHT: Muscles, Motor Control and Upright Balance Strategies
11:30	<b><u>Video observations and case study; Tasksheet #1</u></b>
12:00	LUNCH
1:00	Discussion; <b>Tasksheet #2</b>
2:00	NONOPTIMAL KINESIOLOGY IN UPRIGHT: Effects on Function <b>Tasksheet #3</b>
3:00	BREAK
3:15	Treatment opportunities: This session will combine the mornings review and discussion of kinesiological considerations as functional activities and the environment are added as treatment challenges. <b>Tasksheet #4</b>
4:30	Finish

### DAY TWO

8:30	METHODS OF EVALUATION
10:15	BREAK
10:30	Case Study <b>Tasksheet #5</b>
12:00	LUNCH
1:00	Discussion
1:30	Long Term Planning: <b>Tasksheet #6</b>
3:00	Break
3:15	Family Cases: Long term planning <b>Tasksheet # 7</b>
4:30	Finish